

INTRODUCTION TO BUDDHISM

An 8 week course starting

7pm Monday 3rd June 2019

3rd	June	Pre Buddhist India
10th	June	The Life of the Buddha The Spread of Buddhism
17th	June	Sources of knowledge (Pāli Canon.) Investigating the teachings (Kālāma Sutta) The Buddha's Charter of Free Enquiry
24th	June	The First & Second Noble Truth
1st	July	The Third & Fourth Noble Truth
8th	July	The Law of Kamma Natural laws, Process of Cognition
15th	July	The Wheel of Life (Paticca Samuppāda) The Three Characteristics of Existence
22nd	July	The Goals and Methods of Meditation (Bhāvanā)

Tutor: Julian Wall

Location: London Buddhist Vihara

How to join: Enrol at the class on first day of attendance.

Fees: Free (donations are welcome)